

Being an Emotionally Intelligent Leader

In this three-day workshop you will learn how to do all this and more:

- Be in tune with the needs of your team: You engage your employees when you show them you are trying to understand them. I will show you how to read the important cues so you can determine the best approach.
- Recognize how influential you are: You are the most influential person to your team. How you respond to situations and to them has a direct impact in their actions. I will show you how to tune in to your emotions so you are in a stronger position to manage the situation.
- Manage emotions: As a leader, you have many expectations, pressures and responsibilities. It is easy to get caught up with the moment and react instinctively. I will show you how to balance emotions with logic so you can make thoughtful and productive decisions in any challenging situation.
- Engage your team: Each person on your team is an individual with varying needs and abilities. With that comes different ways in which they are motivated and engaged. I will show you three key areas that must be a part of the engagement equation.
- Facilitate change: Even if change has positive outcomes, it is a natural reaction to fear the unknown. With fear comes resistance. By creating open dialogue you can influence how people respond to change. I will show you how to help others manage their fear of change and help them come up with a plan so they can move forward.
- Be an exceptional communicator: Know what to say, how to say it and when to say it. Mentor effective communication. You want others to learn from you. I will show you how to effectively guide communication and achieve results.
- Align your team: The true power of a leader is uncovering the strength of a team and creating a cohesive and compassionate work environment. You want people to want to come to work. You want your team to be able to work through issues, develop realistic action plans and stay focused on the big picture objectives. I will show you how you to take your team to the next level so they function as a complete unit.