

Critical Thinking

In this two-day workshop you will learn how to do all of this and more:

- Identify your thinking preferences: You may think that you have thought of all the possible options and have all the information you need; however, the way in which you see the world is a powerful influence on how you think. I will show you how to challenge your assumptions and expand your thinking so you can gain access to more information and make more informed decisions.
- Understand the real purpose behind critical thinking: Critical thinking is not about proving the other person wrong. I will show you how to be critical and not confrontational.
- Establish a questioning approach: Good questions reveal important information and help to focus the discussion. I will show you how to adopt a thoughtful approach to asking the 'right' questions so you do not waste your time on extraneous information.
- Invoke clarity: Complex and ambiguous situations create confusion and breed assumptions. I will show you how to get to the core of the issue quickly.
- Challenge evidence and conclusions: What you hear, is often not the full picture. I will show you how to be mindful of what you hear by following a simple process to ensure that you have considered all angles.
- Make better decisions: No more wondering if you made the right decision. I will show you how to be confident in how you approach complex situations, challenge the information you have and look at alternative explanations.